

## Basic Fire Safety Training Course

**Create a fire safe environment and improve your fire protection with our basic training in fire safety. We give your staff the necessary knowledge to act in the right way to prevent or fight a fire. The training is suitable for all types of companies and provides the participants with basic knowledge regarding fire protection.**

This course gives the participants an increased understanding of fire safety and fire prevention work and an increased risk awareness in your workplace and, if desired, practical training with fire extinguishers and fire blankets.

The Swedish law on protection against accidents and the Work Environment Law require staff to undergo regular fire safety training to have the knowledge required to prevent or limit fires. This course is designed to meet these requirements.

We can tailor-make the training to your company's conditions. No previous experience is required to complete this training.

### Target group:

Companies, organizations, associations and individuals. The course consists of both theory and practical training.

### Course content:

- Common fire causes
- Prevent and anticipate fire risks
- Risk environments in your workplace
- Fire theory - origin and spread
- Fire development
- Regulations and responsibilities
- Fire alarms and evacuation alarms
- Technical fire protection in buildings
- Systematic fire protection work (SBA)
- How to act in the event of a fire
- Evacuation and escape routes
- Human behavior in an emergency
- How fire extinguishers work
- Extinguish real fire with a fire extinguisher
- Extinguish burning manikin with a fire blanket

### Time:

The course will take 3 hours to complete

